

A Reflection and a Prayer

The goal of our life is to be with God forever. God, who loves us, gave us life. Our own response of love allows God's life to flow in us without limit. All the things in this world are gifts of God, presented to us so that we can know God more easily and make a return to love more readily.

As a result, we appreciate and use all these gifts of God insofar as they help us develop as loving persons. But if any of these gifts become the center of our lives, they displace God and so hinder our growth toward our goal.

In everyday life, then, we must hold ourselves in balance before these created gifts insofar as we have a choice and we are not bound by some obligation. We should not fix our desires on health or sickness, wealth or poverty, success or failure, a long life or a short one. For everything has the potential of calling forth in us a deeper response to our life in God.

Our only desire and our one choice should be this: I want and I choose what better leads to God's deepening his life in me.

Let us pray...

We ask you, Lord, to help orient all our actions by your inspiration and carry them on by your gracious assistance, so that every prayer and work of ours may always begin from you and through you be happily ended.

Amen.

Lars Lund